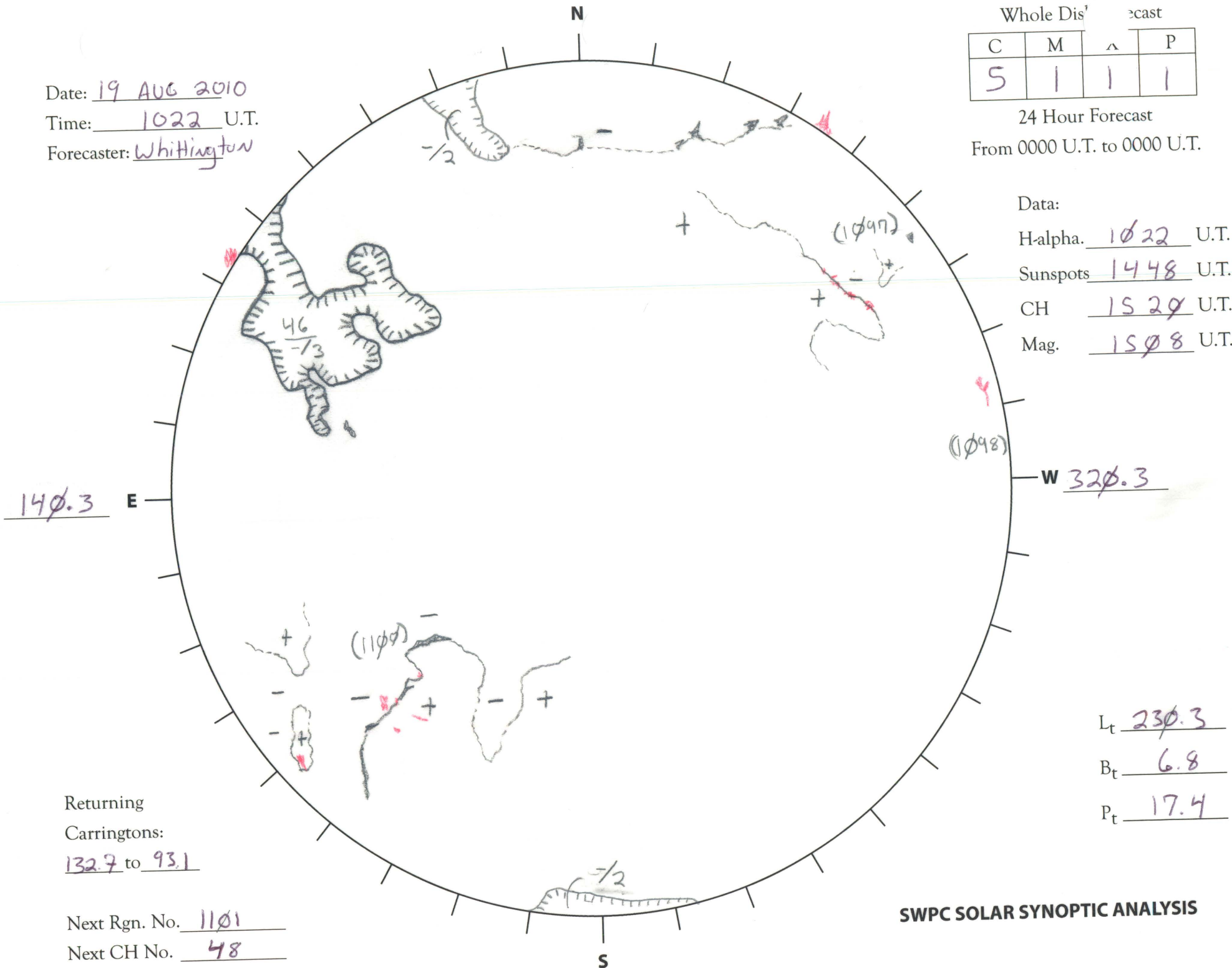


Date: 19 AUG 2010  
 Time: 1022 U.T.  
 Forecaster: Whittington

Whole Dis'		cast	
C	M	^	P
5	1	1	1

24 Hour Forecast  
 From 0000 U.T. to 0000 U.T.

Data:  
 H-alpha. 1022 U.T.  
 Sunspots 1448 U.T.  
 CH 1520 U.T.  
 Mag. 1508 U.T.



Returning Carringtons:  
132.7 to 93.1

Next Rgn. No. 1101  
 Next CH No. 48

$L_t$  230.3  
 $B_t$  6.8  
 $P_t$  17.4