

Date: 1 Aug 2019  
 Time: 0418 U.T.  
 Forecaster: Cook

Whole Disk Forecast

C	M	X	P

24 Hour Forecast

From 0000 U.T. to 0000 U.T.

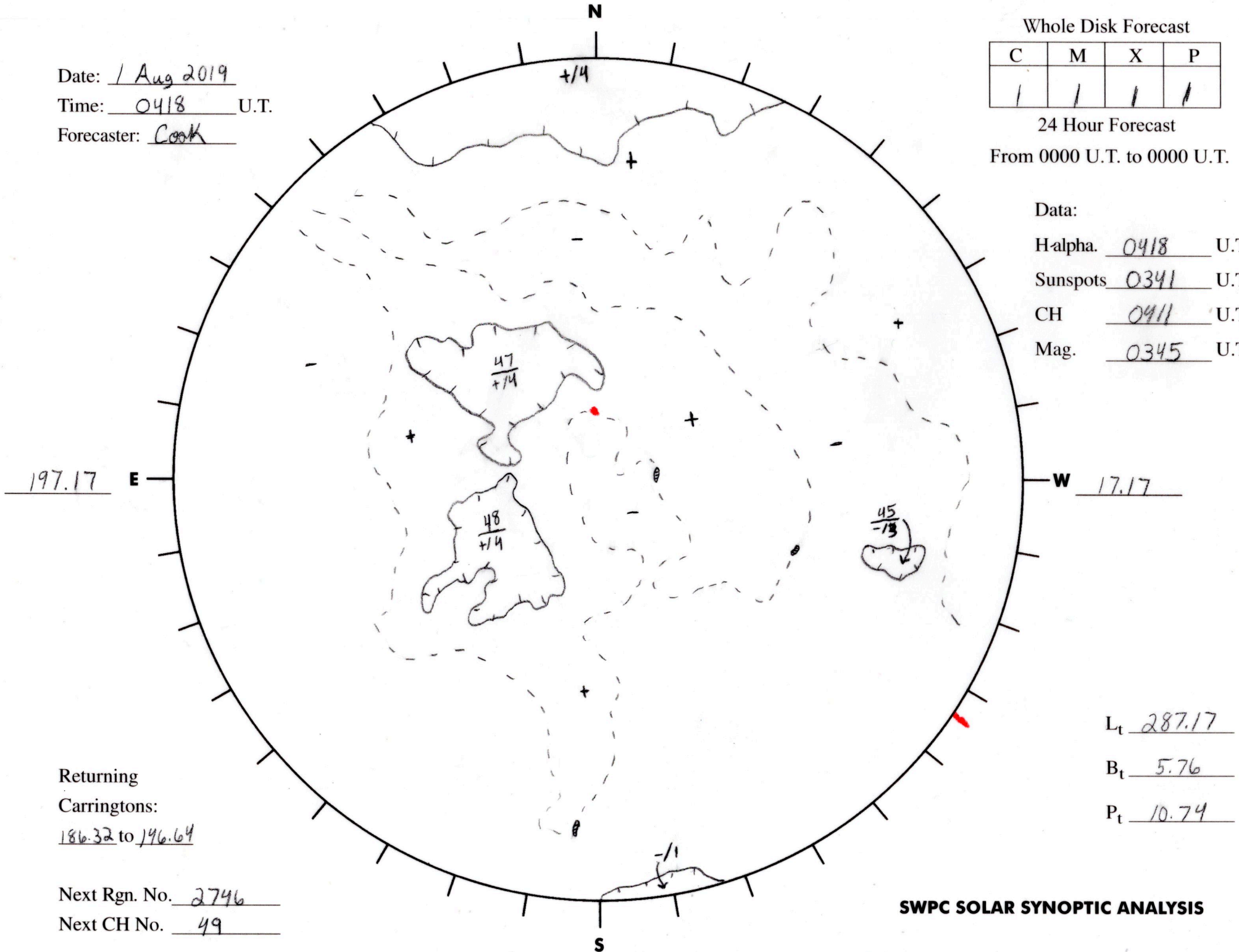
Data:

H-alpha. 0418 U.T.

Sunspots 0341 U.T.

CH 0411 U.T.

Mag. 0345 U.T.



Returning  
 Carringtons:  
186.32 to 196.64

Next Rgn. No. 2746  
 Next CH No. 49

$L_t$  287.17

$B_t$  5.76

$P_t$  10.74